

# The Original 4<sup>th</sup> Step Seminar

Open to all 12 Step Groups

An adapted process from The Big Book of A.A.

## Facilitated by Anna B. and Bob D.

A supportive, intense, emotionally engaging exploration of steps 4 through 7, with an introduction to step 8.

Through the combined use of lecture, discussion, feedback, experiential exercises, and audio, you will experience the concept of “a searching and fearless moral inventory....”

*Bring with you: a notebook, pen, and an open mind*

*Open to all 12 step groups*

*LIKE US: [facebook.com/theoriginal4thstepseminar](https://facebook.com/theoriginal4thstepseminar)*

## Dates

Each Tuesday\*

October 7 – November 18, 2025

Time: 6:30pm to 8:30pm

*\*Completion of the seminar requires that you attend ALL sessions. Exceptions may be made for week 1 OR week 2.*

## Location

**Brunswick United Methodist Church**

6122 N 42<sup>nd</sup> Ave, Crystal, MN 55422

## For Information

Questions and to Register by phone:

Contact **Steve: 763-442-5851**

**Register ONLINE use QR Code:**



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